

MONTGOMERY COUNTY COMMUNITY MENTAL HEALTH (708) BOARD

SERVICE CATEGORIES

- Prevention/Early Intervention – These services focus on preventing and reducing incidences of mental illness, developmental disabilities, and chemical dependency through raising awareness, providing consultation, education, and therapeutic intervention prior to the onset of a debilitating mental disability.
- Comprehensive Screening and Assessment – These services focus on a comprehensive evaluation of a client prior to or in conjunction with service provision. This requires significant cooperation and coordination with agencies currently and previously involved with a client to gather an extensive social and psychological history. In addition, current relevant assessments must be acquired to adequately provide quality evaluation and diagnosis to appropriately determine the course of treatment and/or service provision.
- Emergent and Crisis Management – These services include 24 hour telephone and on-site immediate response to mental health emergencies and initial stabilization and determination of the presence of an acute psychiatric disability. The results of crisis screening and evaluation form the basis for referrals for further assessment, services, and treatments, and when appropriate, access to private and state hospitalization. This includes suicide prevention and training for first responders.
- Case Coordination, Case Management, and Community Support – These services are essential to the appropriate and continuing engagement of clients who require a variety of mental health services. The case coordinator or case manager, in varying degrees, assesses client needs and desires, advocates for appropriate services, monitors quality of services, and assists the client and significant others with the many requirements of negotiating the service system.
- Family Support – These services recognize that supportive families significantly enhance a mentally disabled person's capability to reside successfully in the community and to sustain a high level of functioning. These services emphasize the value, commitment and needs of families, and they offer assistance and supportive interventions to strengthen them.
- Treatment, Habilitation, and Rehabilitation – These services cover a wide range of outpatient counseling/psychiatric services, and in-home and day treatment services that provide therapeutic activities. These efforts focus on an individual's ability to function at their highest level with the least physical and mental distress and disability and in the most feasible and least restrictive environment. This also includes specialized services such as mental health court diversion and family therapy.
- Life Skills and Vocational Training – These services focus on providing life skills, work, and work-related activities to promote a client's ability to function successfully in society and a work environment, and to optimize related benefits of positive self-esteem & economic independence.
- Transition Services – These services provide interventions to maximize an individual's successful transition from one level of system involvement to another, such as a return from psychiatric hospitalization to a residential living situation in the community. Specialized services focus on the needs of young people with developmental disabilities or severe emotional disturbances who are in the process of transitioning from the adolescent service system to the adult service system.
- Residential Options – These "home-options" for persons with disabilities provide a wide range of residential services at varying degrees of intensity and configurations designed to meet the most basic needs of individuals with mental disabilities—a home. Incorporated in these services are activities that promote the client's independence by strengthening daily living skills, budget management, and self-reliance through individualized assessment and treatment planning. Fundamental to this service component is the necessity for flexibility in the degree of service intensity required to accommodate fluctuations in functioning levels.
- Client/Family Education and Advocacy – Education and advocacy supports promote consumer choice, rights, empowerment, & independence, and they complement services provided across the system of care.